



www.cport.net

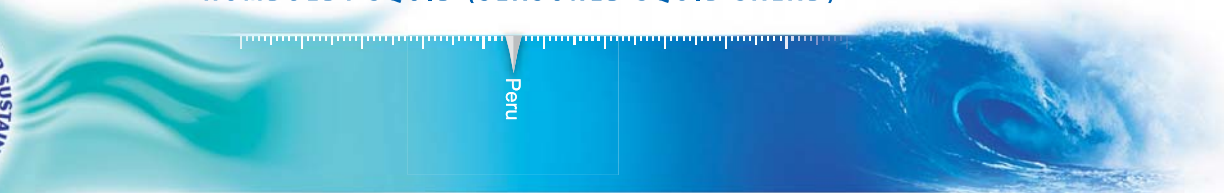
CHUKA IKA SANSAI Dosidicus gigas

Seasoned Squid Salad



GO BLUE! SEAFOOD SUSTAINABILITY SPECTRUM

HUMBOLDT SQUID (SEASONED SQUID SALAD)



Sea Port is committed to sustainability, as defined by the **United Nations' Brundtland Commission** (link: www.un.org/en/globalissues/environment). It is the ability to "meet present needs without compromising the ability of future generations to meet their needs." We believe seafood to be the best protein source for our health and for our environment; therefore we foresee future generations demanding a greater supply of seafood as both their population and economic prosperity grows. Sea Port will be dedicated to sustainably meeting this demand.



Product Specifications

Pack	6/4.4 LB Tub
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For full package details, visit our website.

Our Seasoned squid salad is very nutritious and tasty. It can stand alone as a healthy side dish or be added to soups, other salads, and casseroles. For Health & Nutrition benefits go to: www.cport.net



For more detailed seasonality, visit our website

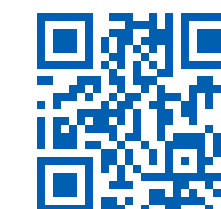


Just Defrost & Serve!

Nutrition Facts

Serving Size (100g)		Servings Per Container about 20	
Amount Per Serving			
Calories 82	Calories from Fat 12		
% Daily Value*			
Total Fat 1.3g	2%		
Saturated Fat 0.2g	1%		
Trans Fat 0g			
Cholesterol 157.1mg	52%		
Sodium 597mg	25%		
Total Carbohydrate 8.8g	3%		
Dietary Fiber 0.4g	2%		
Sugars 8.4g			
Protein 8.9g			
Vitamin A 2%	Vitamin C 2%		
Calcium 2%	Iron 2%		

INGREDIENTS: Cooked Squid, Ginger, Fern, Wood Ear Mushroom, Bamboo Shoots, Emperor Green, Sesame, Sugar, Sweet Rice Wine, Salt, Vinegar, Sesame Oil, Chili, Annatto Cheese Color, FD&C No. 40.



Visit our website for more information on this item

METHOD OF HARVEST: Wild Harvest; Trawl
COUNTRY OF ORIGIN(S): Taiwan

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