



www.cport.net

FRESHWATER SHRIMP

Macrobrachium rosenbergii



GO BLUE! SEAFOOD SUSTAINABILITY SPECTRUM

FARMED FRESHWATER SHRIMP



India, Bangladesh, Thailand, Vietnam

Catch Our Wave® to Sustainability

Sea Port is committed to sustainability, as defined by the **United Nations' Brundtland Commission** (link: www.un.org/en/globalissues/environment). It is the ability to "meet present needs without compromising the ability of future generations to meet their needs." We believe seafood to be the best protein source for our health and for our environment; therefore we foresee future generations demanding a greater supply of seafood as both their population and economic prosperity grows. Sea Port will be dedicated to sustainably meeting this demand.

Product Presentation	Head-On, Shell-On, Claw-On Semi IQF	Headless Shell-On IQF Easy Peel
Size/pcs per lb	2/4 - 21/25	6/8 - 41/50
Pack	12x2 lb boxes - shrink wrapped	10x2 lb polybags

For full package details, visit our website.



Cooking methods affect the texture of freshwater shrimp; however, when properly prepared, they have a very mild taste and moderate texture. Freshwater shrimp are best baked, broiled or grilled given their high water content. A seasonal treat, freshwater shrimp taste similar to lobster and are often served "head-on" as a "junior" or "baby" lobster. Produced during the monsoon season in Southeast Asia, *Macrobrachium rosenbergii* are grown when the lack of sea-water or brackish water brings the salinity of the pond water close to nil. For Health & Nutrition benefits go to: www.cport.net or directly to: www.eatshrimp.com

SEASONALITY Low High

Jan Feb Mar April May June July Aug Sept Oct Nov Dec

FLAVOR Mild Medium Strong Sweet

TEXTURE Soft Medium Firm Meaty

For more detailed seasonality, visit our website

RECIPE SUGGESTION

Steamed Freshwater Shrimp

Serve steamed and dip in favorite clarified herbed butter or your favorite sauce.



For more recipe suggestions, please e-mail marketing@cport.net

METHOD OF HARVEST: Farm-Raised; Rivers, Ponds, Estuaries
COUNTRY OF ORIGIN(S): Thailand, Vietnam, India, Bangladesh

WEST COAST
 131 7th Avenue, West, Kirkland, WA 98033
 ph: (425) 827-2800 fx: (425) 827-7125

EAST COAST
 536 Fayette Street, Perth Amboy NJ 08861
 ph: (732) 826-9400 fx: 732.826.8195

e-mail: sales@cport.net
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Nutrition Facts

Serving Size 3.5 oz (100g)
 Servings Per Container about 9

Amount Per Serving	
Calories 100	Calories from Fat 10
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 160mg	53%
Sodium 250mg	10%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 19g	
Vitamin A 0%	Vitamin C 0%
Calcium 6%	Iron 3%

INGREDIENTS: Freshwater Shrimp, Water, Sodium Tripolyphosphates (to retain moisture), Salt.



Visit our website for more information on this item