



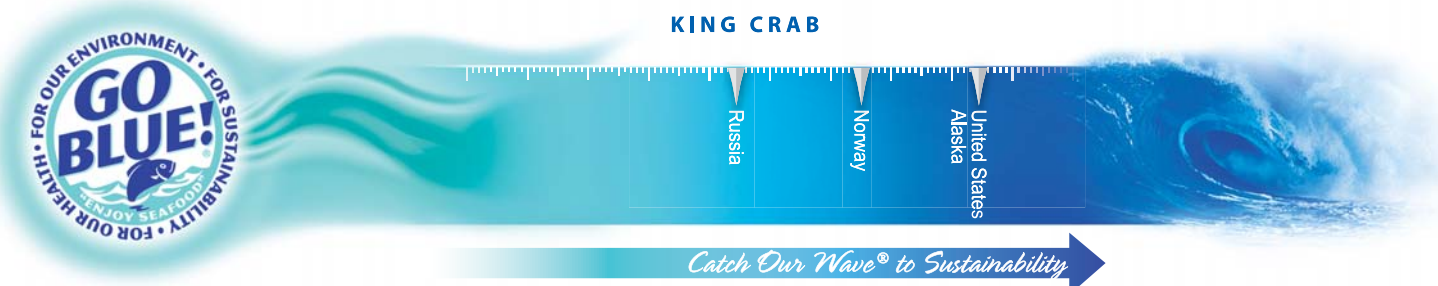
SEA PORT®

www.cport.net

KING CRAB *Paralithodes camtschaticus*



GO BLUE! SEAFOOD SUSTAINABILITY SPECTRUM™



Sea Port is committed to sustainability, as defined by the **United Nations' Brundtland Commission** (link: www.un.org/en/globalissues/environment). It is the ability to "meet present needs without compromising the ability of future generations to meet their needs." We believe seafood to be the best protein source for our health and for our environment; therefore we foresee future generations demanding a greater supply of seafood as both their population and economic prosperity grows. Sea Port will be dedicated to sustainably meeting this demand.



Specifications

Sizes (ct/lb)	6/9 - 20/up
PACK	1/20 LB IQF

For full package details, visit our website.

King crab is a sweet flavored meat with a fibrous, string-like texture suitable for eating hot or cold.

SEASONALITY
 Low High
 Jan Feb Mar April May June July Aug Sept Oct Nov Dec

FLAVOR
 Mild Medium Strong Sweet

TEXTURE
 Soft Medium Firm Meaty

For more detailed seasonality, visit our website

RECIPE SUGGESTION



Steamed King Crab with Butter Sauce

INGREDIENTS:
2 lbs SEA PORT King Crab Legs, split

Butter Sauce
1/2 cup Butter or Margarine
1 cup Sour Cream
1/4 tsp Seasoned or Onion Salt
1 tsp chopped Chives

DIRECTIONS:
Cut king crab into serving sized pieces; steam on rack over 3/4 inch boiling water 5 minutes or until thoroughly heated. Serve with Butter Sauce.

Butter Sauce
Melt butter in a small sauce pan over low heat. Stir in sour cream, seasoned salt, and chives. Warm, but do not boil. Serve as dipping sauce in individual ramekins or small bowls.

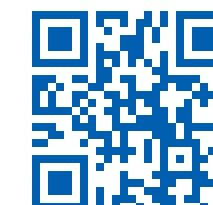
Preparation and cooking time: 10 mins Serves 4

<http://www.fishex.com/recipes/sauces/butter-sauce.html>

Nutrition Facts

Serving Size 134g	
Amount Per Serving	
Calories 130	Calories from Fat 19
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0g	1%
Trans Fat 0g	
Cholesterol 71mg	24%
Sodium 1436mg	60%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 26g	
Vitamin A 1%	Vitamin C 17%
Calcium 8%	Iron 6%

INGREDIENTS: King Crab, Salt.



Visit our website for more information on this item

METHOD OF HARVEST: Wild Harvest; Trap FAO 61 & 67
COUNTRY OF ORIGIN(S): USA, Russia

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