

GO BLUE! SEAFOOD SUSTAINABILITY SPECTRUM

SLIPPER LOBSTER



Sea Port is committed to sustainability, as defined by the **United Nations' Brundtland Commission** (link: www.un.org/en/globalissues/environment). It is the ability to "meet present needs without compromising the ability of future generations to meet their needs."

We believe seafood to be the best protein source for our health and for our environment; therefore we foresee future generations demanding a greater supply of seafood as both their population and economic prosperity grows. Sea Port will be dedicated to sustainably meeting this demand.

Moon Lake







Kingfisher

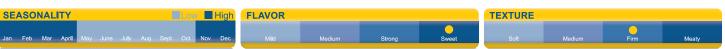
For full package details, visit our website.

Product Presentation	Brown/Pink Slipper Tails	Pink Slipper Meat
Sizes (OZ/PC)	U/1,1/2,2/4 & 4/6	Broken, U/.5, U/1, 1/2, 1/3 & 2/4
PACK	2/5 & 6/5 LB IQF	6/5 LB IQF

Hotai

The meat is pearly white and translucent. The delicate flavor is often times sweeter than that of other lobster species, and the texture has been characterized as a cross between a lobster and a shrimp. They're typically prepared grilled, broiled, steamed or baked.

Preparation time: 45 mins



For more detailed seasonality, visit our website



Lobster Rolls

INGREDIENTS: 1/2 pound fully cooked lobster meat

- 1/2 medium cucumber, peeled, seeded and finely diced
- 1/4 cup bottled mayonnaise
- 1/2 tablespoon fresh tarragon
- 2 small scallions, thinly sliced

Kosher or sea salt

Freshly ground pepper

2 to 3 hot dog buns

Lettuce, pickles and potato chips as accompaniment

DIRECTIONS:

Steam or boil Slipper Lobster Tails. Let cool at room temperature. Use a cleaver to crack and remove the meat from the shell. Cut the meat into 1/2-inch pieces.

Combine the lobster, cucumber mayonnaise, and tarragon. Add the scallions. Season with salt and pepper. Cover with plastic wrap and chill for 30 minutes to 1 hour. Stuff hot dog buns with lettuce leaf and the chilled lobster salad. Place each roll on a small paper or china plate; garnish with pickles and potato chips. Serve at once.

METHOD OF HARVEST: Wild Harvest; Dive/Trawl; FAO 57 (Brown Slipper Lobster), FAO 61 (Pink Slipper Lobster) **COUNTRY OF ORIGIN(S): China, Taiwan, Thailand, Vietnam**

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EAST COAST

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Calories 80 Calories from Fat 0 Total Fat 0.5g Saturated Fat 0g Trans Fat 0g Cholesterol 60mg Sodium 320ma Total Carbohydrate 1g 0% Dietary Fiber 0g Sugars 0g Protein 17g Calcium 4% • Iron **INGREDIENTS:** Slipper

Nutrition Facts

ving Size 3 oz Cooked (85g ngs Per Container varies

Lobster Tails, Water, Sodium Tripolyphosphates (to retain moisture). Salt. Contains: Sulphites.



more information on this item