

## **GO BLUE! SEAFOOD SUSTAINABILITY SPECTRUM**

**HUMBOLDT SQUID (SEASONED SQUID SALAD)** 



Peg

Catch Our Wave® to Sustainability

Sea Port is committed to sustainability, as defined by the **United Nations' Brundtland Commission** (link: www.un.org/en/globalissues/environment). It is the ability to "meet present needs without compromising the ability of future generations to meet their needs."

We believe seafood to be the best protein source for our health and for our environment; therefore we foresee future generations demanding a greater supply of seafood as both their population and economic prosperity grows. Sea Port will be dedicated to sustainably meeting this demand.



Product Sp	ecifications
Pack	6/4.4 LB Tub

For full package details, visit our website.

Our Seasoned squid salad is very nutritious and tasty. It can stand alone as a healthy side dish or be added to soups, other salads, and casseroles. For Health & Nutrition benefits go to: www.cport.net

SEASONALITY	Low High	FLAVOR			TEXTURE				
Jan Feb Mar April May June July Aug	Sept Oct Nov Dec	Mild	<mark></mark>	Strong	Sweet	Soft	Medium	- Firm	Meaty

For more detailed seasonality, visit our website



<b>Cal</b> ories from				
% Daily V				
).8g				
Fat 0.1g				
0g				
160.5mg				
0.9mg				
hydrate 9.8g				
Dietary Fiber 0.1g				
.7g				
g				
% · Vitamin				

INGREDIENTS: Cooked Squid, Sesame, Sugar, Soy Sauce, Salt, Chili, Chili Sauce, Xanthan Gum, Caramel, FD&C Yellow No. 6, FD&C Red No. 40.



METHOD OF HARVEST: Wild Harvest; Trawl COUNTRY OF ORIGIN(S): Taiwan

## WEST COAST

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## EAST COAST

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Visit our website for more information on this item